

# Rachel B. Hrabchak, Pharm.D

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**Contact Information** 1505 Fort Clarke Blvd Apt 4-303  
Gainesville, FL 32606  
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## **Certificates and Licensure**

July 2008           **Assistant Clinical Faculty Member Appointment**  
University of Florida College of Pharmacy

June 2006           **Clinical Pharmacy Residency Program Certificate of Completion**  
University of Florida College of Pharmacy

Apr 2006           **Teaching Certificate**  
University of Florida College of Pharmacy

Aug 2005           **Registered Pharmacist**  
State of Florida Board of Pharmacy PS 40367

## **Education**

2001- 2005           **Doctor of Pharmacy Degree, April 2005**  
Palm Beach Atlantic University, Lloyd L. Gregory School of Pharmacy  
West Palm Beach, FL

2000-2001           **Edison Community College**  
Fort Myers, Florida

1997-2000           **Associate of Arts Degree in Liberal Arts and Sciences, May 2000**  
University of Florida, Pre-Pharmacy Coursework  
Gainesville, FL

## **Professional Experience**

Apr 2007- Mar 2009           **AHEC Pharmacy Coordinator/Assistant Clinic Professor**  
Suwannee River Area Health Education Centers  
University of Florida  
Gainesville, FL

- **Clinical Responsibilities:** Work closely with the medical staff in four different rural health clinics, providing patient education for various disease states (i.e. diabetes, dyslipidemia, hypertension, anticoagulation, tobacco cessation, asthma, obesity, and osteoporosis), lifestyle modifications, initiation and dosage adjustments of medications, monitoring and follow up, cost reduction, and adverse event prevention.
- **Precepting Responsibilities:** Serve as preceptor for pharmacy students on ambulatory care clinical rotation, as well as working Pharm.D. students and a ambulatory care resident. Activities include providing clinical guidance, leading topic discussions, attending and evaluating formal presentations such as patient cases, new drugs and journal clubs.

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Aug 2008-Present

**Part-time Retail Pharmacist**

Wal-Mart Pharmacy  
Jacksonville, FL

Apr 2007- Mar 2009

**Ambulatory Care Clinical Pharmacy Practitioner**

Shands Jacksonville Medical Center  
Jacksonville, FL

- Clinical Responsibilities: Provide patient education and disease state management for various disease states with an emphasis on diabetes, hypertension, dyslipidemia, anticoagulation and pain management. Provide formal and informal medication education to diabetes education group classes and tobacco cessation group classes.
- Academic Responsibilities: Serve as primary and secondary preceptor for fourth year pharmacy students and pharmacy practice residents on their ambulatory care clinical rotation. Activities include providing clinical guidance, leading topic discussions, attending and evaluating formal presentations such as patient cases, new drugs and journal clubs.
- Practice Coverage: Staff ambulatory pharmacy for approximately 13 hours per week to assist in prescription verification, troubleshooting problem prescriptions including communicating with patients and prescribers, and dispensing prescriptions to patients.
- Leadership Roles: Member of the pharmacy department professional development committee and serving as the committee chair for the 2008-2009 academic year.

Aug 2008- Dec 2008

**Introduction to Pharmacy Health Care Course Facilitator**

University of Florida - College of Pharmacy  
Jacksonville, FL

Sept 2007-Dec 2007

**Skills Lab Course Group Facilitator**

University of Florida - College of Pharmacy  
Jacksonville, FL

Jan 2007- Apr 2007

**Case Studies Course Group Facilitator**

Palm Beach Atlantic University - Lloyd L. Gregory School of Pharmacy  
West Palm Beach, FL

Jul 2006- Apr 2007

**Retail Pharmacist**

Walgreen's Pharmacy  
West Palm Beach, FL

Nov 2005- July 2006

**Patient Presentation Provider**

Present various topics including Medication Management, Diabetes, and Women's Health  
Suwannee River Area Health Education Centers

July 2005- June 2006

**Ambulatory Care Specialty Residency**

Suwannee River Area Health Education Centers  
University of Florida College of Pharmacy  
Gainesville, FL

- **Clinical Responsibilities:** Worked closely with the medical staff in five different clinics, providing patient education for various disease states (i.e. diabetes, dyslipidemia, hypertension, anticoagulation, tobacco cessation, asthma, obesity and osteoporosis), lifestyle modifications, initiation and dosage adjustments of medications, monitoring and follow up, cost reduction, and adverse event prevention.
- **Precepting Responsibilities:** Supervised two University of Florida students every two months on their ambulatory care clinical practice rotation. Lead pathophysiologic and pharmacotherapeutic lectures and case presentations, evaluated the students and assigned final grade.
- **Academic Responsibilities:** Facilitated diabetes main case for University of Florida's Pharmacotherapy IV Course consisting of writing the case, bringing in a patient to interview, serving as a health care provider to interview, and participated in verbal defense and case disclosure.  
Led third year University of Florida students in two skills lab groups in case studies and helped students gain experience using many point of care devices such as glucose meters, peak flow meters, home cholesterol and pregnancy tests.  
Served as co-facilitator for first year pharmacy, medical, dental and physical therapy students in small group discussion section for University of Florida's Interdisciplinary Family Health Course. Assisted students' development of interpersonal communication skills, professionalism, and ability to provide compassionate patient care as part of interdisciplinary team.  
Prepared cases for online lipid and hypertension certification course for University of Florida's Department of Continuing Education.
- **Residency Project:** Developed a hypertension clinic including proposal and educational materials and patient recruitment.

## **Presentations**

Mar 2009

**Warfarin Module Online Lecture**

Anticoagulation Certification Course  
University of Florida Department of Continuing Education

Jan 2009

**Aspirin for Primary Prevention in Diabetes**

Presented to University of Florida College of Pharmacy faculty members

Mar 2007

**Warfarin Lecture**

Presented to pharmacy practitioners at Shands Jacksonville Medical Center

May 2006

**Healing Power of Prayer: What Evidence Exists?**

The results of a new study on Intercessory Prayer  
Presented to University of Florida College of Pharmacy Faculty for CE credits

- Apr 2006      **Diabetes**  
2 Hour Introduction and Self Management Course  
Hernando County Health Department  
Presented to local patients with diabetes
- Feb-May 2005      **Update Diabetes: Current Treatments**  
Suwannee River Area Health Education Centers  
Health and Wellness Education Program  
Presentations to seniors in 4 areas of North Central Florida
- Feb 2005      **“Healthy Hernando”, TV Show Interview on Medication Management**  
Suwannee River Area Health Education Centers  
Health and Wellness Education Program  
Aired in Hernando County on Government Access Channel
- Jan 2005      **Parkinson’s Disease**, Case Presentation  
Bay Pines Veterans Affairs Medical Center  
Presented to Pharmacists, Residents and Interns
- Nov 2004      **Chronic Obstructive Pulmonary Disease**  
Cape Canaveral Hospital, Cocoa Beach, Florida  
Presented to Pharmacists, Interns and Technicians
- Oct 2004      **Nanotechnology: The future of cancer prevention, detection, and treatment**  
Moffitt Cancer Center, Tampa, Florida  
Presented to Pharmacists, Residents and Interns
- Sep 2004      **Cox-2 Inhibitors**, Drug Class Formulary  
Samaritan Gardens Community Health Center  
Presented to Palm Beach Atlantic University School of Pharmacy Faculty
- Sept 2004      **Aspirin, which dose is preferred for cardio protection?**  
Samaritan Gardens Community Health Center  
Presented to Palm Beach Atlantic University School of Pharmacy Faculty
- Aug 2004      **Limb-Girdle Muscular Dystrophy** Case Presentation  
West Palm Beach Veterans Affairs Medical Center  
Presented to Clinical Pharmacists and Pharmacy Interns
- Aug 2004      **Apidra™** New Drug Presentation  
West Palm Beach Veterans Affairs Medical Center  
Presented to Clinical Pharmacists, Residents and Interns
- Aug 2004      **Benzodiazepine Use and Hip Fracture in the Elderly** Journal Club  
West Palm Beach Veterans Affairs Medical Center  
Presented to Clinical Pharmacists, Residents and Interns
- Jul 2004      **Benign Prostatic Hypertrophy**  
Orlando Veterans Affairs Medical Center  
Presented to Clinical Pharmacists, Residents and Pharmacy Interns

- Jun 2004      **Exploratory Study of Asthma Outcomes among Elementary Students in Southeast Florida** Poster Presentation  
Florida Pharmacist Association Annual Convention, Kissimmee, FL  
Presented to FPA Pharmacists and Student
- Jun 2004      **The Culture of Haitian Patients**  
Samaritan Gardens Community Health Center, West Palm Beach, FL  
Presented to Clinic Staff
- Jun 2004      **Florida KidCare**, Community Resource Presentation  
Samaritan Gardens Community Health Center, West Palm Beach, FL  
Presented to Clinic Staff
- Jun 2004      **Re-importation: Is it the answer for providing seniors with affordable drugs?**  
Samaritan Gardens Community Health Center, West Palm Beach, FL  
Presented to Clinic Staff
- Jun 2004      **Effect of Intensive Compared with Moderate Lipid-Lowering Therapy on Progression of Coronary Atherosclerosis** Journal Club Presentation  
Samaritan Gardens Community Health Center, West Palm Beach, FL  
Presented to Palm Beach Atlantic University School of Pharmacy Faculty
- May 2004      **Community Health Education** Presentation  
Hospitals of Hope, Cochabamba, Bolivia  
Presented to the community surrounding the hospital
- Jun 2004      **Coumadin** Drug Information Presentation  
Hospitals of Hope, Cochabamba, Bolivia  
Presented to Hospitals of Hope Medical Staff
- Apr 2004      **Pharmacy Students Open Airways in Local Schools** Poster Presentation  
Palm Beach Atlantic University, West Palm Beach, Florida  
Presented to faculty, staff, students and area pharmacists
- April 2004      **Over-The-Counter Otic Products**  
Palm Beach Atlantic University, West Palm Beach, Florida  
Presented to Self Care Class
- Sep 2003      **Pharmacy: Is It the Career for Me?**  
Palm Beach Atlantic University, West Palm Beach, Florida  
Presented to Urban Youth Organization
- Apr 2002      **Glucosamine and Chondroitin** Poster Presentation  
Palm Beach Atlantic College, West Palm Beach, Florida  
Presented to Early Experience Preceptors, Faculty and Students

## **Publications**

- 2005      Hall L, Lombardo L, Hrabchak R, *"The Story of His Glory: A Pharmacy Student Mission Trip to Bolivia"*. Christianity and Pharmacy. 2005. 8(1):26-27.

2002                      Contributing Author in “A Look at Palm Beach Atlantic College”. APhA’s Pharmacy Student. 2002; March/April Issue.

## Clinical Rotations

Mar 2005	<b>Advanced Community/Acedemia</b> Palm Beach Atlantic University, WPB, FL
Jan 2005	<b>Drug Information</b> Bay Pines Veterans Affairs Medical Center, St. Petersburg, FL
Dec 2004	<b>Basic Community Pharmacy</b> Publix, West Palm Beach, FL
Nov 2004	<b>Internal Medicine</b> Cape Canaveral Hospital, Cocoa Beach, FL
Oct 2004	<b>Basic Hospital Pharmacy</b> Moffit Cancer Center, Tampa, FL
Sept 2004	<b>Advanced Ambulatory Care</b> Samaritan Gardens Health Center, WPB, FL
Aug 2004	<b>Geriatrics</b> West Palm Beach Veterans Affairs Medical Center, WPB, FL
Jul 2004	<b>Ambulatory Care</b> Orlando Veterans Affairs Medical Center, Orlando, FL
Jun 2004	<b>Indigent Care</b> Samaritan Gardens Community Health Center, WPB, FL

## Early Experiential Education

2004	<b>Mail Order and Delivery Pharmacy</b> MetCare Rx, West Palm Beach, FL
2003	<b>Hospital Pharmacy</b> Wellington Medical Center, West Palm Beach, FL
2002	<b>Community Pharmacy</b> Walgreen’s Pharmacy, West Palm Beach, FL

## Volunteer Experience

1998-1999	<b>Outpatient and Inpatient Hospital Pharmacy</b> Shand’s Hospital, University of Florida, Gainesville, FL
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## Professional Affiliations

American College of Clinical Pharmacy  
➤ Associate Member 2006- Present

American Society of Health Systems Pharmacists  
➤ Member, 2003- Present  
➤ **PBA Chapter Membership Coordinator**, 2003-2004  
➤ **PBA Chapter Treasurer**, 2003- 2004  
➤ Clinical Skills Competition Participant, 2003

Florida Society of Health Systems Pharmacists  
➤ Member, 2003- Present  
➤ **Organizational Affairs Council Member**, 2008-Present

Northeast Florida Society of Health Systems Pharmacists  
➤ Member, 2007- Present

American Association of Diabetes Educators  
➤ Member, 2007-Present

American Diabetes Association  
➤ Member, 2006- Present

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## Christian Pharmacist Fellowship International

- Member, 2003- Present

## Kappa Epsilon Fraternity

- Member, 2002- Present
- **Historian and Webmaster**, 2002- 2004
- **Alpha Psi Chapter Founding Sister**

## Jacksonville Association of Diabetes Educators

- Member, 2007- 2009

## American Pharmacist's Association

- Member, 1999- 2006
- Patient Counseling Competition Participant, 2004
- **Chapter Membership Vice President**, 2003-2004
- **National Pharmacy Week Committee Chair**, 2003
- **FPA Liaison**, 2003- 2004
- **SPIN Coordinator**, 2002- 2003
- **Fund-raising Committee Chair**, 2002- 2003

## Florida Pharmacists Association

- Member, 2002- 2006
- Health Fair and Legislative Day Volunteer 2003-2004
- **State Public Affairs Committee Member**, 2003- 200

## Palm Beach County Pharmacist's Association

- Member, 2002- 2005

## Awards and Honors

2008	Shands Jacksonville Customer Service is Key Award Nomination
2004	FPA Annual Convention Third Place Poster Presentation
2004	PBAU-APhA Outstanding Service Award
2001-2002	Dean's List
1997-2002	Florida Bright Futures Academic Scholarship
2001	Outstanding Student in Organic Chemistry Award

## Professional/Community Service

2008	Medication Management Presentation given to local Jacksonville Church
2008	Health Fair Participant at local Jacksonville Church
2008	Treatment of Hypertension Presentation given to local Jacksonville Church
2007-2008	American Heart Association Heart Walk Participant and Team Captain
2007	Diabetes Awareness and Management Presentation given to Jacksonville Church
2006	Medication Management Program for seniors
2005	Veterans of Foreign Wars Medication Review Program
2004	Short Term Medical Mission Trip to Bolivia
2004	American Cancer Society Relay for Life

## Professional/Community Service Continued

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2004	American Lung Association Open Airways Program
2003-2004	Palm Beach Atlantic University Martin Luther King Jr. Community Service Day
2003-2004	Palm Beach Atlantic University Health Fair
2003-2004	Florida Pharmacists Association State Health Fair
2003	National Pharmacy Week Health Screenings
2003	Light the Night Walk for Leukemia and Lymphoma
2003	Christian Indigent Clinic Volunteer
2003	Palm Beach Atlantic University School of Pharmacy Admissions Day Volunteer
2003	Vacation Bible School Teacher
2003	Breast Cancer Race for a Cure
2002-2003	Susan G. Comen Breast Cancer Walk
2002	Palm Beach Atlantic/Nova Southeastern University Project Immunization

## References

Available upon request